I have social/communication difficulties related to autism. I may have difficulty:

- Communicating
- Understanding and following directions
 Making eve contact
- Controlling my anxiety

I would like to cooperate. To help me cooperate, PLEASE:

- · Speak calmly and be patient with me.
- · Call my emergency contact (See other side)
- Avoid touching or restraining me
- · Give me step-by-step instructions

